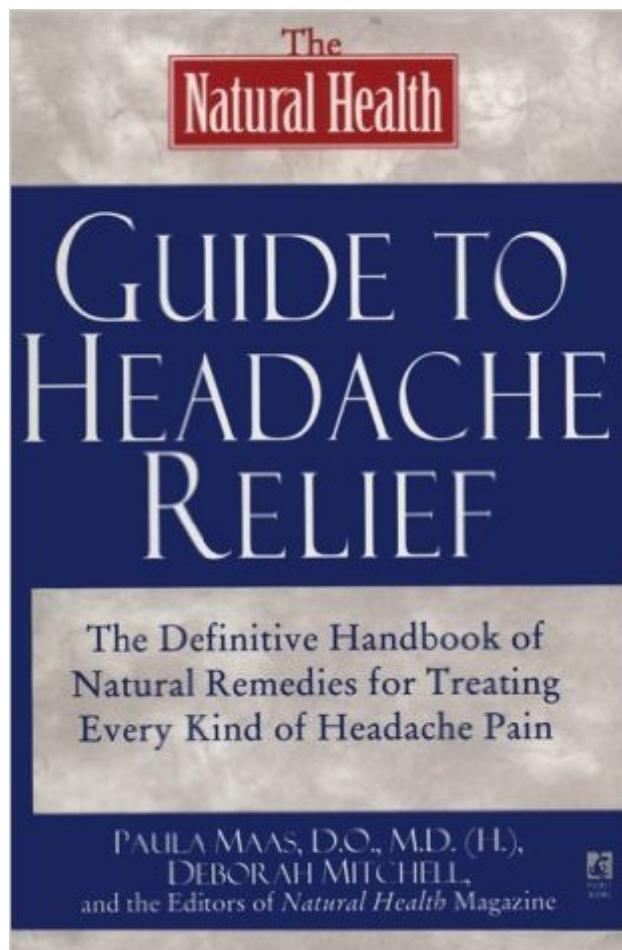


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The NATURAL HEALTH GUIDE TO HEADACHE RELIEF



Synopsis

A collection of natural headache remedies draws from herbal medicine, homeopathy, nutrition and dietary supplements, aromatherapy, acupuncture, biofeedback, and other therapies, and also offers a wealth of trigger identification guidelines.

Book Information

Paperback: 304 pages

Publisher: Pocket (March 1, 1997)

Language: English

ISBN-10: 0671518992

ISBN-13: 978-0671518998

Product Dimensions: 9 x 6 x 0.8 inches

Shipping Weight: 12 ounces

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